


5.1.3
Soft Skills
2022-2023

5.1.3

**Programmes organized to improve the
Soft Skills of the Students
for the Academic Year 2022-2023**

S.No	Name of the Activity	Date	No. of students Participated
1.	Skill Training Programme on Fabric Painting	02-11-2022	26
2.	Guest Lecture on Stress Management	05-02-2023	141
3.	Guest Lecture on Tips and Tricks For Telephone Etiquette	12-02-2023	137


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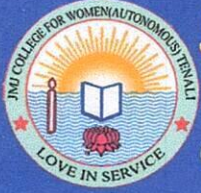
Date: 31.10.2022

CIRCULAR
2022-2023

This is to inform you that the Department of Home Science is going to conduct the Skill Training Programme on “**Fabric Painting**” by **Mrs.Vani**, Trainer of Fevicryl Company for all Home Science students from 3:00 to 4.30 PM on 02.11.2022.i.e Wednesday.

All the Home Science students should attend the Fabric Painting training Programme


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Affiliated to Acharaya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



SKILL TRAINING PROGRAMME ON FABRIC PAINTING



Date: 02/11/2022

Time: 03:00 P.M

Guest : Mrs. Vani, Trainer of Fevicryl Company.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: Department of Home Science.



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JMJ College for Women (A), Tenali
Department of Home Science 2022-23
Skill Training Programme on Fabric Painting

Name of the Programme: Skill Training Programme

Activity : Fabric Painting

Date : 02.11.2022

Time : 3.00 to 4.30 PM

The Department of Home Science organized Skill Training Programme on Fabric Painting from 02.11.2022 to 21.11.2022 in Textile Laboratory, of Department of Home Science. Mrs.Vani, Trainer of Fevicryl Company, instructor of this Programme. Fabric painting is a skill of applying colors on the fabric to make it attractive which is very exciting experience. Painting techniques make stunning creativeness which is made by the depth of hue and shades or the creativity of the textures formed. It opens all sorts of possibilities for creative expression allows creating unique work of art.



Mrs. Vani Instructor showing the Techniques of Painting to the Students



Demonstrated the following techniques to the participants:

1. Batik
2. Dot painting
3. Out liner painting
4. Spray painting
5. Block painting
6. Wet painting
7. Stencil painting
8. Finger painting
9. Tie & dye

P. Hemalatha
Head of the Department



G. S. J.
Principal

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DEPARTMENT OF HOME SCIENCE 2022-23

Skill Training Programme on Fabric Painting

List of Participants

02.11.2022 to 21.11.2022

I Semester			
S.No	Reg.No	Name of the Student	Signature
1.	J22A31051	B. Vishnu Vardhini	B. Vishnu Vardhini
2.	J22A31052	Ch. Hitha	CH. Hitha
3.	J22A31053	I. Sri Sarika	I. Sri Sarika
4.	J22A31054	M. Sandhya	M. Sandhya
5.	J22A31055	N. Naga Purna Kamala	N. Kamala
6.	J22A31056	S. Vasantha Lakshmi	S. Vasantha
7.	J22A31057	B. Siva Venkata Indu	B. Siva Venkata Indu
III Semester			
8.	J21A 31071	B. Padma Priya	B. Padmapriya
9.	J21A 31072	B. Pravallika	B. Pravallika
10.	J21A 31073	Ch. Lakshmi Prasanna	Ch. Lakshmi Prasanna
11.	J21A 31074	Ch. Pavani	Ch. Pavani
12.	J21A 31075	D. Manogna	D. Manogna
13.	J21A 31076	D. Naga Mani	D. Naga Mani
14.	J21A 31077	G. Rejoice	G. Rejoice
15.	J21A 31078	J. Deepthi Reshma Jasmine	J. Deepthi Reshma Jasmine
16.	J21A 31079	L. Yamini Lakshmi	L. Yamini Lakshmi
17.	J21A 31080	R. Sai Naga sri	R. Sainagasri

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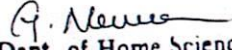
G. Nageswari
Dept. of Home Science
J. M. J. COLLEGE FOR WOMEN, TENALI,



V Semester

18.	J20A31102	Ch. Poojitha	Poojitha ch
19.	J20A31103	D.Divya Sree	D.Divya sree
20.	J20A31105	G.Renuka	G. Renuka.
21.	J20A31106	M.Gayathri	M. Gayathri.
22.	J20A31107	N. Rama Chandrika	N. Rama chandrika.
23.	J20A31109	P.Priya Darshini	P. Priya Darshini
24.	J20A31110	P. Manju sree	P. Manjusree
25.	J20A31111	Sk. Karishma	Sk. Karishma
26.	J20A31112	T.Smiley	T. Smiley


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Ref: JMJ/CSDE/2022-2023/097

Date: 02.02.2023

CIRCULAR

2022-2023

This is to inform you that the CPPR Cell is going to organize a Guest Lecture on **Stress Management** by **Mr.Sandeep Kambhampati**, Director of Dimension Coaching Centre, Guntur for all the III degree students on 05-02-2023 i.e., Sunday at 10:00 am in the Mini Auditorium.

All the students should attend the programme without fail.



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JMJ COLLEGE FOR WOMEN(A),TENALI
CAREER GUIDANCE, PLACEMENT & PUBLIC RELATIONS CIRCLE
Report

Name of the Event : Guest Lecture
Topic : Stress Management
Name of the Resource Person : Mr.Sandeep Kambhampati, Director of Dimension Coaching Centre,Guntur
Date : 05-02-2023
Venue : Mini Auditorium
Students involved : III Degree Students
Number of students involved : 141

On February 5th, 2023, the CPPR Cell organized a guest lecture on "Stress Management" by Mr. K. Sandeep, a renowned expert in the field. The lecture was specifically tailored for undergraduate students to address the challenges and techniques associated with managing stress effectively. Mr. Sandeep commenced the lecture by providing an insightful overview of stress, its causes, and its impact on individuals' mental and physical well-being. He emphasized the importance of recognizing the signs of stress and the need for proactive measures to mitigate its effects.



"Mr. Sandeep sir is providing an insightful overview of Stress Management to the students"



Throughout the session, Mr. Sandeep shared practical strategies and techniques for stress management, including mindfulness exercises, time management tips, and relaxation techniques. He encouraged the students to incorporate these practices into their daily routines to build resilience and cope better with stressors. One of the highlights of the lecture was Mr. Sandeep's interactive approach, engaging the students through real-life scenarios and case studies. This facilitated a dynamic exchange of ideas and allowed students to relate the concepts to their personal experiences.

The lecture concluded with a Q&A session, during which students had the opportunity to seek clarification on various aspects of stress management and share their insights. Overall, Mr. K. Sandeep's guest lecture on stress management proved to be highly informative and beneficial for the undergraduate students. It equipped them with valuable tools and strategies to effectively manage stress in their academic and personal lives, empowering them to lead healthier and more balanced lifestyles.


Placement and Training Officer


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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI
CAREER GUIDANCE, PLACEMENT & PUBLIC RELATIONS CIRCLE
Guest Lecture On Stress Management

Participants List

Date:05.02.2023

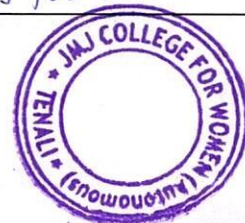
Sl. No.	Regd.No.	Name of the student	Class	Signature
1	J20A01033	Billa Sravani	III Spl.English	B. Sravani
2	J20A01039	Konduru Anjali	III Spl.English	K. Anjali
3	J20A01042	Movva Pallavi	III Spl.English	M. pallavi
4	J20A01045	Tadisetty Durga Kalyani	III Spl.English	T. Durga Kalyani
5	J20A01062	Dantu Srilatha	III Spl.ECONOMICS	D. Srilatha
6	J20A01064	Indla Hema Chandu Vardhini	III Spl.ECONOMICS	I. Hema chandu Vardhini
7	J20A01067	Mungi Sravani	III Spl.ECONOMICS	M. Sravani
8	J20A11001	Bejavada Naga Varalakshmi	III B.Com. General	B. Naga varalakshmi
9	J20A11002	Bhavanam Adi Lakshmi	III B.Com. General	B. Adi lakshmi
10	J20A11003	Chinthabattina Navya Sri	III B.Com. General	Ch. Navya sri
11	J20A11006	Kasu Nandini	III B.Com. General	K. Nandini
12	J20A11008	Kukatlapalli Subhashini	III B.Com. General	K. subhashini
13	J20A11022	Vare Ramya Sri	III B.Com. General	V. ramya sri
14	J20A11023	Velpuri Priyanka	III B.Com. General	V. priyanka
15	J20A11024	Yellaturi Sumadarsini	III B.Com. General	Y. sumadarsini
16	J20A21005	Bethapudi Chinnammai	III B.Com. Computers	B. chinnammai
17	J20A21007	Boddukuri Mahima	III B.Com. Computers	B. Mahima
18	J20A21009	Chennamsetty Suneetha	III B.Com. Computers	Ch. suneetha
19	J20A21010	Chintala Naga Ratna Kumari	III B.Com. Computers	Ch. Naga Ratna Kumari
20	J20A21022	Konda Stella Mary	III B.Com. Computers	K. stella mary
21	J20A21023	Koppula Hemalatha	III B.Com. Computers	K. hemalatha



22	J20A21025	Kopuri Vasantha Kumari	III B.Com. Computers	K. Vasantha Kumari
23	J20A21026	Maaram Lakshmi Devi	III B.Com. Computers	M. Lakshmi Devi
24	J20A21028	Medabalimi Nagavathi	III B.Com. Computers	M. Nagavathi
25	J20A21032	Nalavath C Bala Siva Kumari Bai	III B.Com. Computers	N. Siva Kumari Bai
26	J20A21037	Nenavath Nagalakshmi Bai	III B.Com. Computers	N. Nagalakshmi
27	J20A21040	Ravuri Kalyani	III B.Com. Computers	R. Kalyani
28	J20A21043	Srikakoli Latha Sree	III B.Com. Computers	S. Latha Sree
29	J20A21044	Sykam Thrishika	III B.Com. Computers	S. Thrishika
30	J20A21045	Thanneeru Rajitha	III B.Com. Computers	T. Rajitha
31	J20A21049	Turaga Revathi	III B.Com. Computers	T. Revathi
32	J20A21050	Vedullapalli Sumathi	III B.Com. Computers	V. Sumathi
33	J20A21052	Chodavarapu Geethika	III B.Com. Computers	Ch. Geethika
34	J20A31002	Bannaravuri Hema	III B.Sc CBZ ENG.	B. Hema
35	J20A31005	Chilumuri Lakshmi Prasanna	III B.Sc CBZ ENG.	C. Lakshmi Prasanna
36	J20A31006	Chirala Anu Sree	III B.Sc CBZ ENG.	Ch. Anu Sree
37	J20A31007	Dadi Bindu Parvathi	III B.Sc CBZ ENG.	D. Bindu Parvathi
38	J20A31012	G. Vijaya	III B.Sc CBZ ENG.	G. Vijaya
39	J20A31014	Gujjarlamudi Mourya	III B.Sc CBZ ENG.	G. Mourya
40	J20A31022	Kandula Honey Jyoshna	III B.Sc CBZ ENG.	K. Honey Jyoshna
41	J20A31023	Katta Lavanya	III B.Sc CBZ ENG.	K. Lavanya
42	J20A31027	Kota Nikhila	III B.Sc CBZ ENG.	K. Nikhila
43	J20A31029	Lanka Keerthi	III B.Sc CBZ ENG.	L. Keerthi
44	J20A31032	Mallela Haritha	III B.Sc CBZ ENG.	M. Haritha
45	J20A31037	Mohammed Noor E Naziya	III B.Sc CBZ ENG.	M. Naziya
46	J20A31039	Nukala Koti Nagulu	III B.Sc CBZ ENG.	N. Koti Nagulu
47	J20A31043	Rentapalla Navya Sri	III B.Sc CBZ ENG.	R. Navya Sri



48	J20A31049	Thota Tejaswini	III B.Sc CBZ ENG.	J. Tejaswini
49	J20A31051	Yadala Mary Jyoshna	III B.Sc CBZ ENG.	Y. Mary Jyoshna
50	J20A31083	Desaboina Koteswari	III B.Sc CBZ Tel	D. Koteswari
51	J20A31132	Edulamudi Sravani	III B.Sc. MPC Eng.	E. Sravani
52	J20A31134	Govindu Bindu Madhavi	III B.Sc. MPC Eng.	G. Bindumadhavi
53	J20A31135	Inumukkala Anusha	III B.Sc. MPC Eng.	I. Anusha
54	J20A31136	Kancharla Ananda Kumari	III B.Sc. MPC Eng.	K. Kancharla Anandakumari
55	J20A31137	Kondeti Pavithra	III B.Sc. MPC Eng.	K. Pavithra
56	J20A31139	Mullapudi Prasanna	III B.Sc. MPC Eng.	M. Prasanna
57	J20A31141	Nalluri Rupa Devi	III B.Sc. MPC Eng.	N. Rupa Devi
58	J20A31143	Parimi Indira	III B.Sc. MPC Eng.	P. Indira
59	J20A31144	Ravuri Pavithra	III B.Sc. MPC Eng.	R. Pavithra
60	J20A31146	Udumula Sweeti	III B.Sc. MPC Eng.	U. Sweeti
61	J20A31147	Uppala Tanmai	III B.Sc. MPC Eng.	U. Tanmai
62	J20A31149	Yadamreddy Kavya	III B.Sc. MPC Eng.	Y. Kavya
63	J20A31201	Adipi Sneha Latha	III B.Sc. MPCComp	A. sneha latha
64	J20A31202	Akkala Vedavati	III B.Sc. MPCComp	A. Vedavati
65	J20A31203	Amarthaluri Lakshmi Prasanna	III B.Sc. MPCComp	Amarthaluri Lakshmi prasanna
66	J20A31204	Bethamcharla Venkayamma	III B.Sc. MPCComp	B. Venkayamma
67	J20A31207	Chimata Triveni	III B.Sc. MPCComp	Ch. Triveni
68	J20A31208	Chintabattini Supriya	III B.Sc. MPCComp	Ch. supriya
69	J20A31210	Dasari Nandini	III B.Sc. MPCComp	D. Nandini
70	J20A31211	Dasari Sravanthi	III B.Sc. MPCComp	D. sravanthi
71	J20A31213	Elicherla Sravya	III B.Sc. MPCComp	E. Sravya
72	J20A31214	Gaddam Manasa Devi	III B.Sc. MPCComp	G. Manasa Devi
73	J20A31216	Gali Mydhili	III B.Sc. MPCComp	G. mydhili
74	J20A31217	Gollapalli Divya	III B.Sc. MPCComp	G. Divya
75	J20A31218	Gunturu Anusha	III B.Sc. MPCComp	G. Anusha
76	J20A31220	Jagarlamudi Pravallika	III B.Sc. MPCComp	J. Pravallika




77	J20A31225	Karri Vasavi	III B.Sc. MPComp	K. Vasavi
78	J20A31226	Kati Hepsiba	III B.Sc. MPComp	K. Hepsiba
79	J20A31227	Kattupalli Usha Devi	III B.Sc. MPComp	K. Usha Devi
80	J20A31228	Kattupalli Vinsi	III B.Sc. MPComp	K. Vinsi
81	J20A31230	Kode Tirumala	III B.Sc. MPComp	K. Tirumala
82	J20A31231	Konakala Venkayamma	III B.Sc. MPComp	K. Venkayamma
83	J20A31232	Konda Varalakshmi	III B.Sc. MPComp	K. varalakshmi
84	J20A31233	Konka Prasanthi Kumari	III B.Sc. MPComp	K. Prasanthi Kumari
85	J20A31234	Konka Sathvika	III B.Sc. MPComp	K. Sathvika
86	J20A31235	Kukkala Supraja	III B.Sc. MPComp	K. Supraja
87	J20A31237	Kurapati Manasa	III B.Sc. MPComp	K. Manasa
88	J20A31239	Maliseti Lakshmi	III B.Sc. MPComp	M. Lakshmi
89	J20A31242	Mediboina Venkata Pavani	III B.Sc. MPComp	M. V. Pavani
90	J20A31244	Meka Sasikala	III B.Sc. MPComp	M. Sasikala
91	J20A31246	Mudigondla Aruna Kumari	III B.Sc. MPComp	M. Aruna Kumari
92	J20A31248	Nalluree Kavya	III B.Sc. MPComp	N. Kavya
93	J20A31249	Nannepamu Vanaja Kokila	III B.Sc. MPComp	N. Vanaja Kokila
94	J20A31251	Noor Basha Gowsiya	III B.Sc. MPComp	N. Basha Gowsiya
95	J20A31260	Puli Madhavi	III B.Sc. MPComp	P. Madhavi
96	J20A31261	Rayapudi Lavanya	III B.Sc. MPComp	R. Lavanya
97	J20A31264	Siddela Jwalitha	III B.Sc. MPComp	S. Jwalitha
98	J20A31265	Singam Setty Sandhya Rani	III B.Sc. MPComp	S. Sandhya Rani
99	J20A31267	Tadiboina Naga Bhuvaneswari	III B.Sc. MPComp	T. Naga Bhava neswari
100	J20A31269	Tavva Jayasri	III B.Sc. MPComp	T. Jayasri
101	J20A31270	Thanniru Vasanthi	III B.Sc. MPComp	T. Vasanthi
102	J20A31273	Tullibilli Venkata Bhavani	III B.Sc. MPComp	T. Venkata Bhavani
103	J20A31274	Turaka Mounika	III B.Sc. MPComp	T. Mounika
104	J20A31276	Valiveti Vinekha	III B.Sc. MPComp	V. Vinekha
105	J19A31229	Pothamsetti	III B.Sc. MPComp	Pothamsetti



		Gayatri Priya		
106	J20A31301	Akkinapalli Sraavanthi	III B.Sc. MSCS	A. Sraavanthi
107	J20A31302	Andraju Bhanu Maheswari	III B.Sc. MSCS	A. Maheswari
108	J20A31303	Arikatla Krishna Priya	III B.Sc. MSCS	A. Krishnapriya
109	J20A31304	Basabathini Sai Maheswari	III B.Sc. MSCS	B. Sai Maheswari
110	J20A31305	Bathula Lakshmi	III B.Sc. MSCS	B. Lakshmi
111	J20A31306	Bhavanam Gayatri Devi	III B.Sc. MSCS	B. Gayatri Devi
112	J20A31307	Boddu Srilakshmi Prasanna	III B.Sc. MSCS	B. Srilakshmi Prasanna
113	J20A31309	Dasi Nanditha	III B.Sc. MSCS	D. Nanditha
114	J20A31310	Devalla Sivani	III B.Sc. MSCS	D. Sivani
115	J20A31312	Duddu Naga Lakshmi	III B.Sc. MSCS	D. Naga Lakshmi
116	J20A31313	Gaddala Amulya	III B.Sc. MSCS	G. Amulya
117	J20A31314	Garnepudi Anjali	III B.Sc. MSCS	G. Anjali
118	J20A31315	Gudipudi Pavani	III B.Sc. MSCS	G. Pavani
119	J20A31316	Gunja Bharathi	III B.Sc. MSCS	G. Bharathi
120	J20A31318	Kandula Sukeena	III B.Sc. MSCS	K. Sukeena
121	J20A31319	Kondamudi Madhuri	III B.Sc. MSCS	K. Madhuri
122	J20A31320	Koppula Lavanya	III B.Sc. MSCS	K. Lavanya
123	J20A31321	Mamidi Sruthi	III B.Sc. MSCS	M. Sruthi
124	J20A31324	Mullapudi Jahnvi	III B.Sc. MSCS	M. Jahnvi
125	J20A31325	Munipalli Kavitha	III B.Sc. MSCS	M. Kavitha
126	J20A31326	Noorbasha Rizwana	III B.Sc. MSCS	N. Rizwana
127	J20A31327	Noorbasha Rajiya Bhanu	III B.Sc. MSCS	N. Rajiya Bhanu
128	J20A31328	Pigili Sindhu Priya	III B.Sc. MSCS	P. Sindhu Priya
129	J20A31329	Pulakanam Manasa	III B.Sc. MSCS	P. Manasa
130	J20A31330	Puli Ludiya	III B.Sc. MSCS	P. Ludiya
131	J20A31331	Pulleti Tejaswini	III B.Sc. MSCS	P. Tejaswini
132	J20A31332	Repalle Yasaswini	III B.Sc. MSCS	R. Yasaswini
133	J20A31333	Santhapurapu Pavani	III B.Sc. MSCS	S. Pavani



134	J20A31338	Tadepalli Shamitha	III B.Sc. MSCS	T Shamitha
135	J20A31340	Valiveti Lakshmi Tirupathamma	III B.Sc. MSCS	v. Lakshmi Tirupathamma
136	J20A31342	Yadalaparapu Anuradha	III B.Sc. MSCS	Y. Anuradha
137	J20A31343	Yeruva Naga Satyavathi	III B.Sc. MSCS	y. Naga satya sathi
138	J20A41001	Chandolu Hema Latha	III BBA	C. hemalatha
139	J20A41002	Kavutha Akshaya	III BBA	K. Akshaya
140	J20A41003	Konda Poushya Prapoorna Durga Sri Charana	III BBA	K. Po. Prapoorna Durga Charana
141	J20A41004	Paidimathy Manju	III BBA	P. Manju


Training and Placement Officer

Placement Officer
J.M.J. College for Women (Autonomous)
TENALI-522 202


Principal

Principal
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Ph: 08644 225994

Ref: JMJ/CSDE/2022-2023/103

Date: 09.02.2023

CIRCULAR

2022-2023

This is to inform you that the CPPR Cell is going to organize a Guest Lecture on “**Tips and Tricks For Telephone Etiquette**” by **Mr.K.Sandeep** ,Director of Dimension Coaching Centre, Guntur for all the III Degree students on 12-02-2023i.e., Saturday at 10:00 am in the Mini Auditorium.

All the students should attend the programme without fail.



Principal

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JMJ COLLEGE FOR WOMEN(A),TENALI

CAREER GUIDANCE, PLACEMENT & PUBLIC RELATIONS CIRCLE Report


Name of the Event : Guest Lecture
Topic : Tips and Tricks For Telephone Etiquette
Name of the Resource Person : Mr.Sandeep Kambhampati ,Director of Dimension
Coaching Centre,Guntur
Date : 12-02-2023
Venue : Mini Auditorium
Students Involved : III Degree Students
Number of students involved : 137

On February 12th, 2023, the CPPR Cell organized a seminar on "Tips and Tricks for Telephone Etiquette" by Mr. Sandeep, an esteemed expert in the field. The seminar aimed to equip undergraduate students with essential skills for effective communication over the telephone. Mr. Sandeep commenced the seminar by highlighting the significance of telephone etiquette in professional and personal interactions. He emphasized that the way individuals communicate over the phone reflects their professionalism and contributes to building positive relationships.



"Sandeep sir is emphasizing various aspects, including answering calls promptly, speaking clearly and courteously, listening attentively to callers' needs, and practicing with students."




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Throughout the session, he shared valuable insights and practical tips for mastering telephone etiquette. He covered various aspects, including answering calls promptly, speaking clearly and courteously, and listening attentively to callers' needs. One of the key takeaways from the seminar was the importance of maintaining a professional tone and demeanor during phone conversations. He underscored the significance of greeting callers warmly, identifying oneself and the organization, and conveying information concisely and accurately. Moreover, he provided guidance on handling challenging situations, such as dealing with irate callers or navigating language barriers. He encouraged students to remain calm and composed, empathize with callers' concerns, and resolve issues effectively. Overall, his seminar on "Tips and Tricks for Telephone Etiquette" was highly informative and well-received by the undergraduate students. It equipped them with valuable skills and strategies for conducting professional and courteous telephone conversations, thereby enhancing their communication abilities in both academic and professional contexts.


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III DEGREE STUDENTS

Guest Lecture on Tips and Tricks For Telephone Etiquette

Date:12.02.2023

Sl.No.	Regd.No.	Name of the student	Class	Signature
1	J20A01034	ELCHURI SASIREKHA	III Spl.English	E. Sasirekha
2	J20A01037	KARRA PRAVALLIKA	III Spl.English	K. Pravallika
3	J20A01039	KONDURU ANJALI	III Spl.English	K. Anjali
4	J20A01040	KUNDURTHY VENKATA LAKSHMI TANUJA	III Spl.English	K.V.L. Tanuja
5	J20A01042	MOVVA PALLAVI	III Spl.English	M. Pallavi
6	J20A01062	DANTU SRILATHA	III Spl.ECONOMICS	D. SRILATHA
7	J20A01064	INDLA HEMA CHANDU VARDHINI	III Spl.ECONOMICS	I. Hemachanduvardhini
8	J20A01067	MUNGI SRAVANI	III Spl.ECONOMICS	M. Sravani
9	J20A11001	BEJAVADA NAGA VARALAKSHMI	III B.Com. General	B.V. varalakshmi
10	J20A11002	BHAVANAM ADI LAKSHMI	III B.Com. General	B. Adilakshmi
11	J20A11003	CHINTHABATTINA NAVYA SRI	III B.Com. General	Ch. Navya Sri.
12	J20A11004	DANABOYINA PRAVALLIKA	III B.Com. General	D. Pravallika
13	J20A11006	KASU NANDINI	III B.Com. General	K. NANDINI
14	J20A11008	KUKATLAPALLI SUBHASHINI	III B.Com. General	K. Subhashini
15	J20A11009	KUNCHALA LEELAVATHI	III B.Com. General	K. Leelavathi
16	J20A11011	MATHE MANASA	III B.Com. General	M. MANASA
17	J20A11020	THOTA GAYATRI	III B.Com. General	T. Gayatri
18	J20A11023	VELPURI PRIYANKA	III B.Com. General	V. Priyanka
19	J20A11024	YELLATURI SUMADARSINI	III B.Com. General	Y. Sumadarsini
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21	J20A21007	BODDUKURI MAHIMA	III B.Com. Computers	B. Mahima
22	J20A21008	CHENNAM SETTY PRAKRUTAMBA	III B.Com. Computers	C. Prakrutamba
23	J20A21009	CHENNAMSETTY SUNEETHA	III B.Com. Computers	C. Suneetha
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39	J20A21050	VEDULLAPALLI SUMATHI	III B.Com. Computers	V. sumathi
40	J20A21052	CHODAVARAPU GEETHIKA	III B.Com. Computers	C. Geethika
41	J20A31001	AKKIDASARI PRASANNA	III B.Sc CBZ ENG.	A. Prasanna
42	J20A31002	BANNARAVURI HEMA	III B.Sc CBZ ENG.	B. hema
43	J20A31004	BULLA KEERTHI SOUJANYA	III B.Sc CBZ ENG.	B. keerthi soujanya
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49	J20A31019	JONNALAGADDA PRIYANKA	III B.Sc CBZ ENG.	J. priyanka
50	J20A31022	KANDULA HONEY JYOSHNA	III B.Sc CBZ ENG.	K. Honey Jyoshna
51	J20A31023	KATTA LAVANYA	III B.Sc CBZ ENG.	K. Lavanya
52	J20A31024	KATTEPOGU SOWMYA	III B.Sc CBZ ENG.	K. Sowmya
53	J20A31029	LANKA KEERTHI	III B.Sc CBZ ENG.	L. keerthi
54	J20A31032	MALLELA HARITHA	III B.Sc CBZ ENG.	M. Haritha
55	J20A31034	MANCHALA LAVANYA	III B.Sc CBZ ENG.	M. Lavanya
56	J20A31037	MOHAMMED NOOR E NAZIYA	III B.Sc CBZ ENG.	M. Noor ie Naziya
57	J20A31038	MYLA PADMA LEELAVATHI	III B.Sc CBZ ENG.	M. Padma leelavathi
58	J20A31039	NUKALA KOTI NAGULU	III B.Sc CBZ ENG.	N. Nagulu
59	J20A31043	RENTAPALLA NAVYA SRI	III B.Sc CBZ ENG.	R. Navya sri
60	J20A31044	SAGILI MARY SOFIYA	III B.Sc CBZ ENG.	S. Mary sofiya



61	J20A31046	SYKAM KEERTHI	III B.Sc CBZ ENG.	S. Keerthi
62	J20A31047	TADIPARTHI KUSUMA	III B.Sc CBZ ENG.	T. Kusuma
63	J20A31049	THOTA TEJASWINI	III B.Sc CBZ ENG.	T. Tejaswini
64	J20A31051	YADALA MARY JYOSHNA	III B.Sc CBZ ENG.	Y. Mary Jyoshna
65	J20A31083	DESABOINA KOTESWARI	III B.Sc CBZ Tel	D. Koteswari
66	J20A31132	EDULAMUDI SRAVANI	III B.Sc. MPC Eng.	E. Sravani
67	J20A31134	GOVINDU BINDU MADHAVI	III B.Sc. MPC Eng.	G. Bindu Madhavi
68	J20A31135	INUMUKKALA ANUSHA	III B.Sc. MPC Eng.	I. Anusha
69	J20A31136	KANCHARLA ANANDA KUMARI	III B.Sc. MPC Eng.	K. Ananda Kumari
70	J20A31137	KONDETI PAVITHRA	III B.Sc. MPC Eng.	K. Pavithra
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72	J20A31141	NALLURI RUPA DEVI	III B.Sc. MPC Eng.	N. Rupa devi
73	J20A31143	PARIMI INDIRA	III B.Sc. MPC Eng.	P. Indira
74	J20A31144	RAVURI PAVITHRA	III B.Sc. MPC Eng.	R. Pavithra
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79	J20A31171	PEDAPUDI SUJITHA	III B.Sc. MPC Tel	P. Sujitha
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91	J20A31237	KURAPATI MANASA	III B.Sc. MPCComp	K. Manasa
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104	J20A31276	VALIVETI VINEKHA	III B.Sc. MPCComp	V. Vinekha
105	J19A31229	POTHAMSETTI GAYATRI PRIYA	III B.Sc. MPCComp	P. Gathri priya.
106	J20A31301	AKKINAPALLI SRAVANTHI	III B.Sc. MSCS	A. Sravanthi
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108	J20A31304	BASABATHINI SAI MAHESWARI	III B.Sc. MSCS	B. Sai maheshwari
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136	J20A31342	YADALAPARAPU ANURADHA	III B.Sc. MSCS	Y. Anuradha.
137	J20A31343	YERUVA NAGA SATYAVATHI	III B.Sc. MSCS	Y. Naga Satyavathi


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